



# Special Foods Contest

Friday, July 12th, 2019  
Yankton High School—FCS Room  
9:30 a.m.—11:00 a.m.

Name: \_\_\_\_\_ 4-H Age: \_\_\_\_\_

Address: \_\_\_\_\_ City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

Phone #: \_\_\_\_\_ County: \_\_\_\_\_

Special Foods Product: \_\_\_\_\_

Need: Stove Top \_\_\_\_\_ Oven Temp \_\_\_\_\_ Microwave \_\_\_\_\_ Outlet \_\_\_\_\_

The Cloverbud Contest is an opportunity for the cloverbuds to compete in special foods. They will have 1 hour to make their food item. Someone will be available to aid them and answer questions and or make suggestions on what they can do to get better.

Go online to find more information and the necessary worksheets at <http://www.yankton4h.com/events/special-foods/>

or follow the below links.

Special Foods Handbook

Special Foods State Fair Contestant Packet

Choose my plate Daily Food Plan

\*not all links work and will hopefully be working by June.

**South Dakota 4-H**



Please return this form to:  
Yankton County 4-H  
901 Whiting Drive  
Yankton, SD 57078. A  
schedule will be posted on  
yankton4h.com after the  
registration deadline.  
Or email your information to:  
yankton.county@sdstate.edu

**Registration Deadline is**  
**June 28, 2019**

**\*\*Note: We will add an afternoon session if it is needed. It will be a first come first serve basis\*\***



South Dakota State University, South Dakota counties, and USDA cooperating. South Dakota State University adheres to AA/EEO guidelines in offering educational programs and services.