

My Goals as a 4-H Member for the Year:

The Goals of my 4-H Club for the Year:

4-H record keeping is a lifeskill. Your 4-H record is an organized presentation of what you have learned and accomplished in 4-H. It is a useful tool for determining your own progress and personal growth.

Assembling 4-H Record Book

Assemble your 4-H record book in the following order:

Cover — Use a standard 4-H record book cover.

Current 4-H Members Annual Report (4-H 374).

— A new 4-H Member's Annual Report is completed each year.

4-H _____ Project or Program Report (4-H 375).

— Update current 4-H Project or Program Report form(s) for every project or program in which you are enrolled. This will be your ongoing accumulative report, one for each project or program area.

Include **only** the report form(s) of the project(s) or program(s) enrolled in 4-H **this year**. If a project or program is dropped and enrolled in at a later date continue using the original project or program record. Add new project or program report forms as needed. **Do not layer.**

The project or program report form has various sections. Each section needs the complete year's record. For example; all demonstrations for the current year must fit on the same form.

The Financial Summary (4-H 179) — The Livestock and Small Animals Project Record is required for beef, dairy, dog, horse, poultry, rabbit, sheep, and swine.

Your 4-H Story — The story should include: what your 4-H experiences have meant to you; what your local club has done and your part in it; your projects or programs and why you selected them; problems encountered and how met; results from your project(s) or program(s) and what you learned; and plans for next year.

Photos — Tell your 4-H story with photos. Illustrate the highlights of your projects or programs. Mount photos with art corners or rubber cement.

Clippings — Include clippings from your 4-H year (i.e. monthly meetings, fair results). Underline your name.

Other material should be placed in a memory scrapbook.

Statement by 4-H Member

I have personally prepared this report and believe it to be correct:

Date _____, _____ Signature of 4-H Member _____

Name you want used in publicity _____

(please print)

Approval of this Report

We have reviewed this report and believe it to be correct:

Date _____, _____ Signed _____



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4-H Promotional Activities

List 4-H promotional work done outside local 4-H Club (i.e. talks before 4-H groups; 4-H talks before other groups; radio appearances; TV appearances; news stories written; other 4-H appearances).

Date	Name of Subject	Name of Group and Where

Other activities and achievements: summarize your church, school and community activities other than 4-H. Report participation, leadership and recognition.

Instructions for Completing 4-H _____ Project or Program Report (4-H 375)

Goals — You need to set project or program goals you want to accomplish during the year and make a plan to reach them. Think of goals as a series of steps to get desired results. As you set your goal(s), keep these guidelines in mind. A goal should be simple or easy to understand. A goal should specifically focus on one idea. A goal will provide ways for you to show accomplishment. You may have more than one goal for each year. Give year and goals for your 4-H project or program.

Major responsibilities, accomplishments, and skills learned — Here is where you as a 4-H member can show leadership responsibilities, accomplishments developed, and new skills learned in projects or programs as an individual or with others. Give year, responsibilities, accomplishments, and skills learned in 4-H project or program. Consider all committee work either chairperson/member, teaching other members/leaders at meetings, workshops, and promoting the project or program. Record what you accomplished, and specific skills learned in the project or program. Use as much space as needed.

State how this project or program has grown — In this section, record keeping is essential to 4-H project or program evaluation. By keeping records, you can see growth, accomplishments, and possible future awards potential. Record keeping will enable you to share 4-H accomplishments when looking for employment, financial management, choosing a vocation or career. In other words, record keeping gives you a lifelong skill. Use as much space as needed.

Youth In Action

Demonstrations and judging — Indicate your participation as an individual or team member with appropriate letter for where: Local (L); County (C); District (D); Lemmon Show, SDSU judging schools; State (S): State Fair, Western Junior Livestock and Home Economics Show; National (N): National Western 4-H Roundup; any National 4-H judging contest, National Dairy Show; and number as L3, S1, etc. Give ribbon or placing as in judging.

Showmanship — Includes tractor and automotive contests, fashion revue, special foods and quiz bowls, etc.

Exhibits, Awards and Non 4-H Events

Project Exhibits — Indicate what, where, exhibited, number of articles, and ribbon placings (example: blouse, C2P, S1B1R).

Other Awards, Honors, Recognition — Indicate medals, trophy, trip, scholarship, bond, etc. and why received; (i.e. record, judging, exhibits, demonstrations).

Non 4-H Events — Breed Field Days, Make It With Wool Contest, Sew Your Own, etc.